

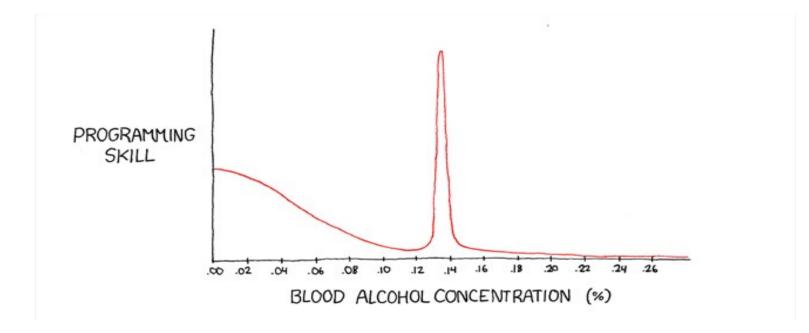
# **BDR:**

#### Deeper Insight Into the Philosophy

Marián Šimko

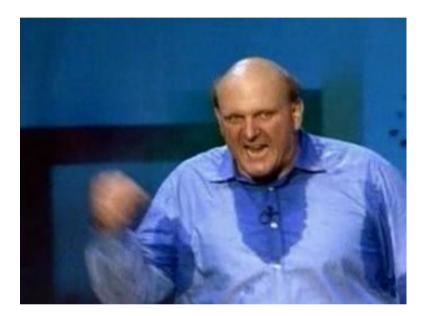
OntoParty, 20. 10. 2012

#### Roots of BDR



#### so called "Ballmer's Peak"

#### Credit to this guy?



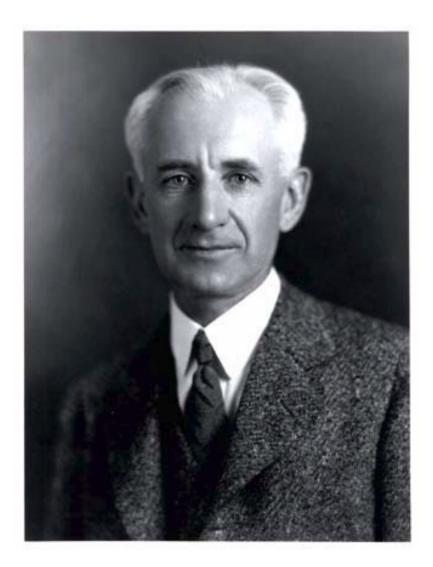


#### Credit to this guy?





### **Robert Yerkes**



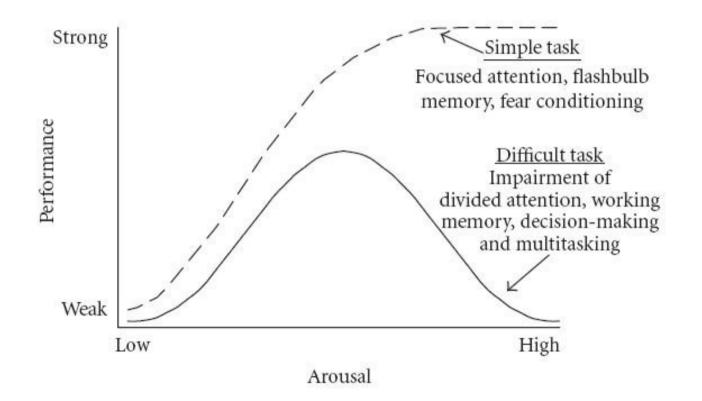
- 1876 1956
- American
  - psychologist
  - ethologist
  - primatologist
- intelligence testing
- comparative psychology

# John Dillingham Dodson

- active 1911 1989
- Harvard University
- University of Minnesota

#### Yerkes–Dodson law (1908)

a relationship between arousal and performance



#### Hebbian view

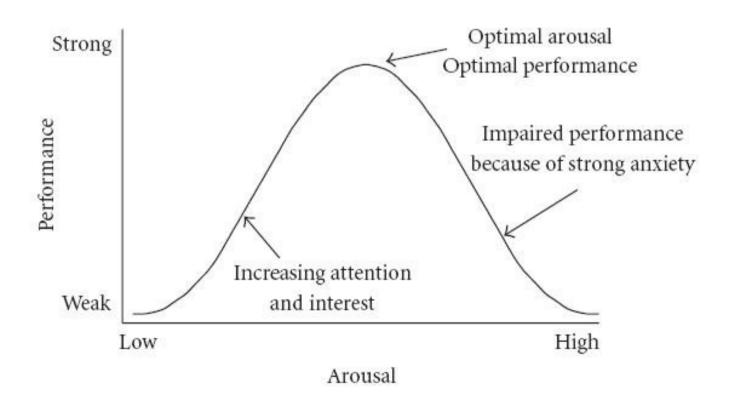
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## Glucocorticoids

- stress hormones
- in relation with memory performance/cognition
- long-term potentiation (the process of forming long-term memories) is optimal when glucocorticoid levels are mildly elevated

#### **Beer Driven Research**

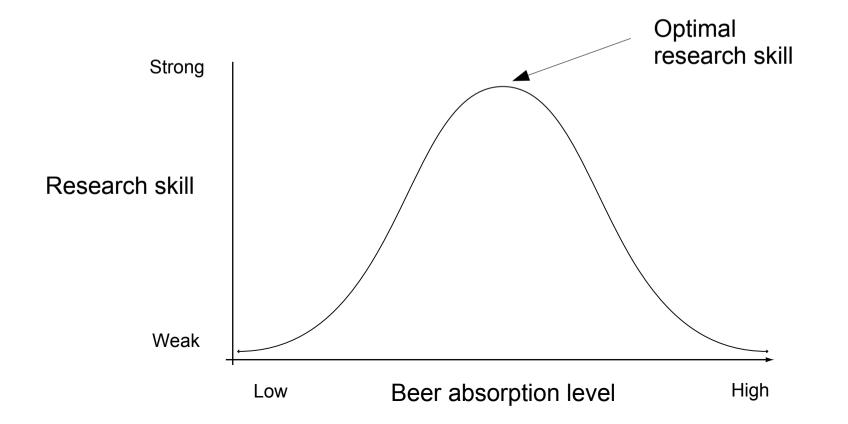
• BDR Theory = application of Yerkes-Dodson law

#### Beer Driven Research

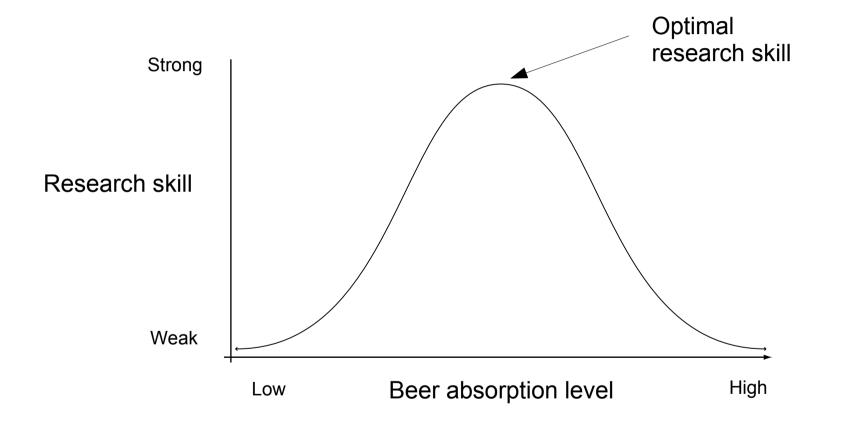
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  - Performance = Research skill
  - Arousal = Beer

#### **Beer Driven Research**

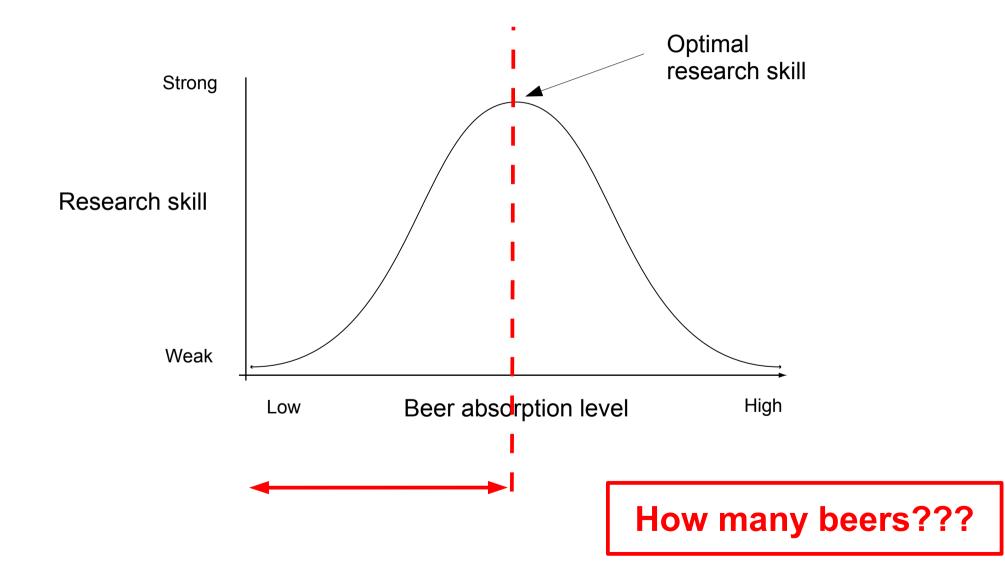
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## Most Important Research Question



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#### References

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- Munroe, R. Ballmer's peak. In XKCD. Available at: http://xkcd.com/323/
- Lupien SJ, Maheu F, Tu M, Fiocco A, Schramek TE (2007). "The effects of stress and stress hormones on human cognition: Implications for the field of brain and cognition". Brain and Cognition 65: 209–237